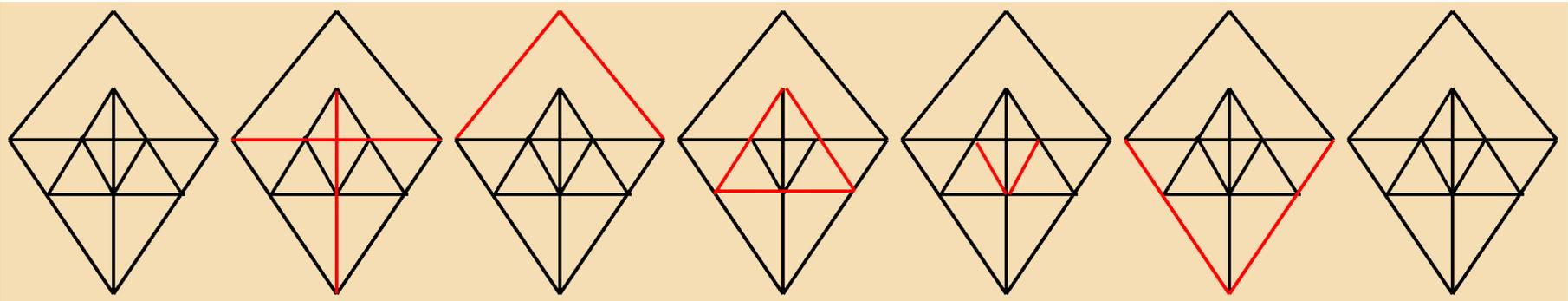
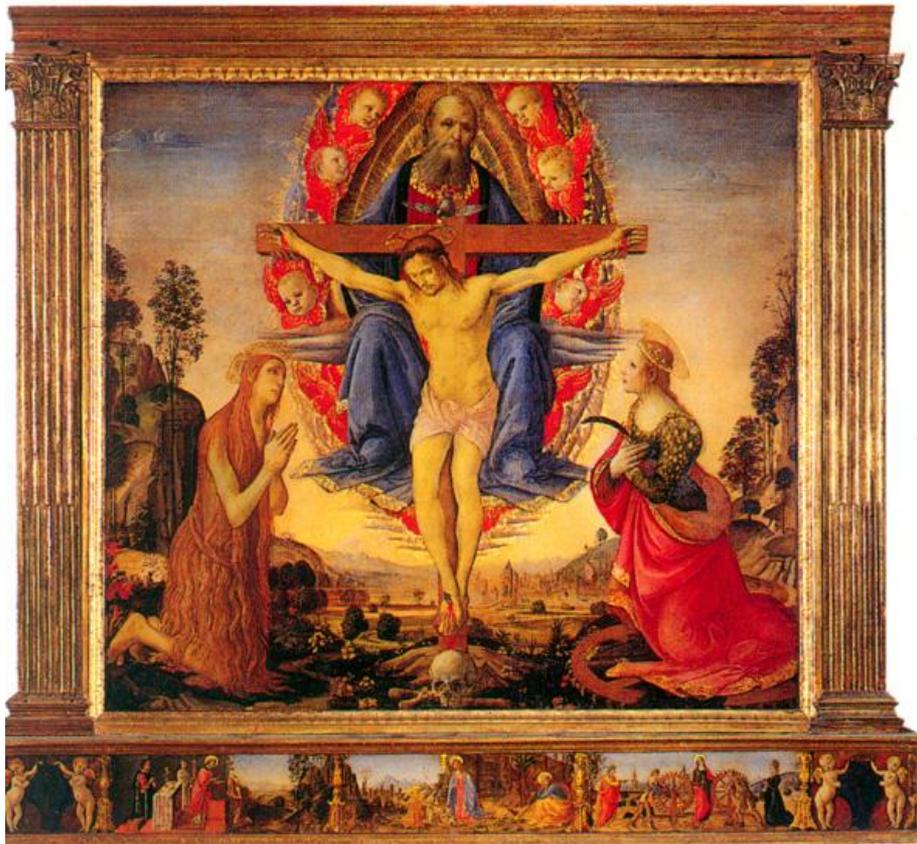


A Meditation on the Trinity

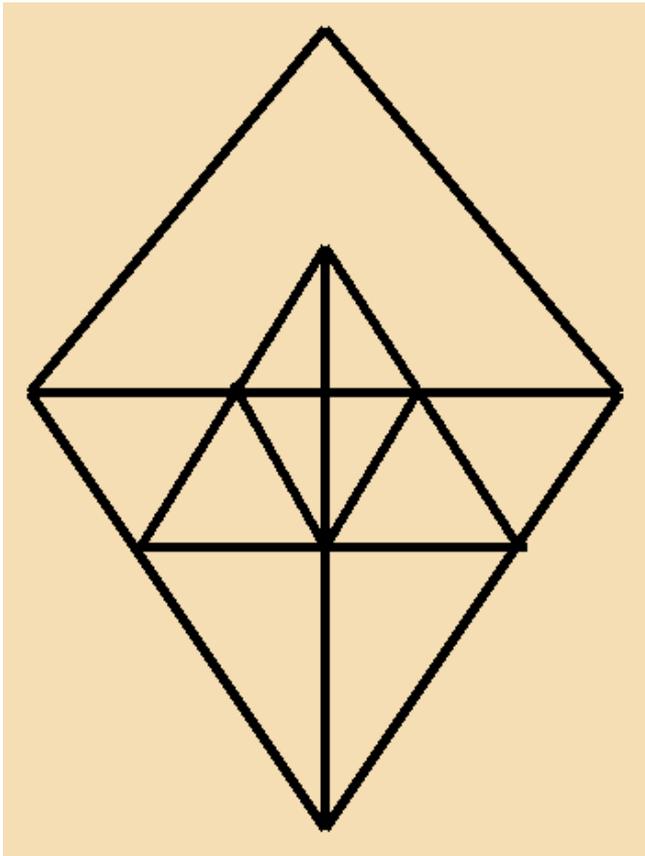


A Painting from Sancto Spirito



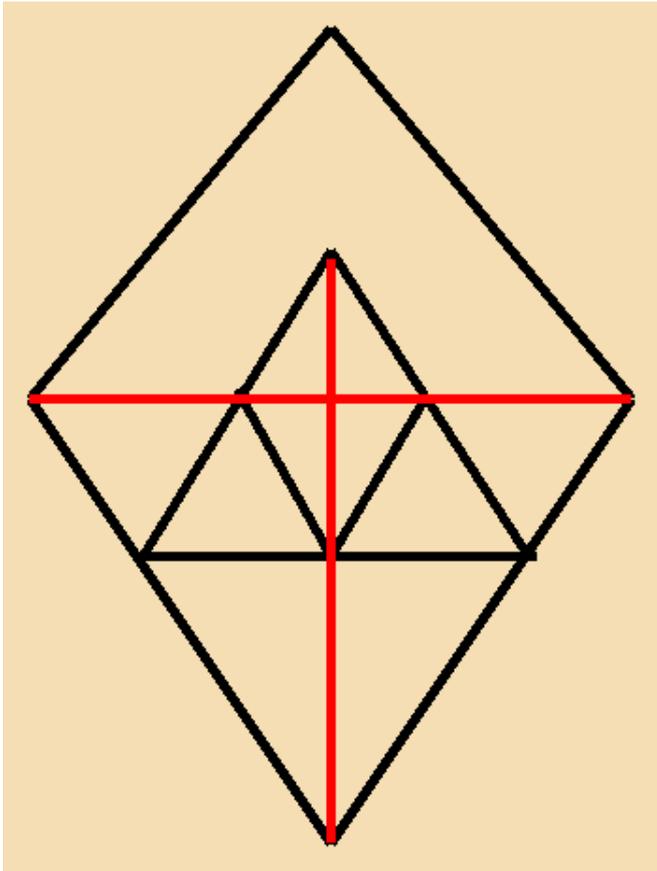
- The Father cradles the crucified Son between his knees.
- His arms stretch to carry, support and raise the cross.
- From where the Father meets the Son the Spirit flies as a dove.
- On the left, the Magdalene, penitent, the heart, the body.
- On the right, Catherine, wise disputant, the head, the mind.
- Before all this we stand, the eyes and soul, completing the people of God, one in adoration of the Trinity.

The Trinity



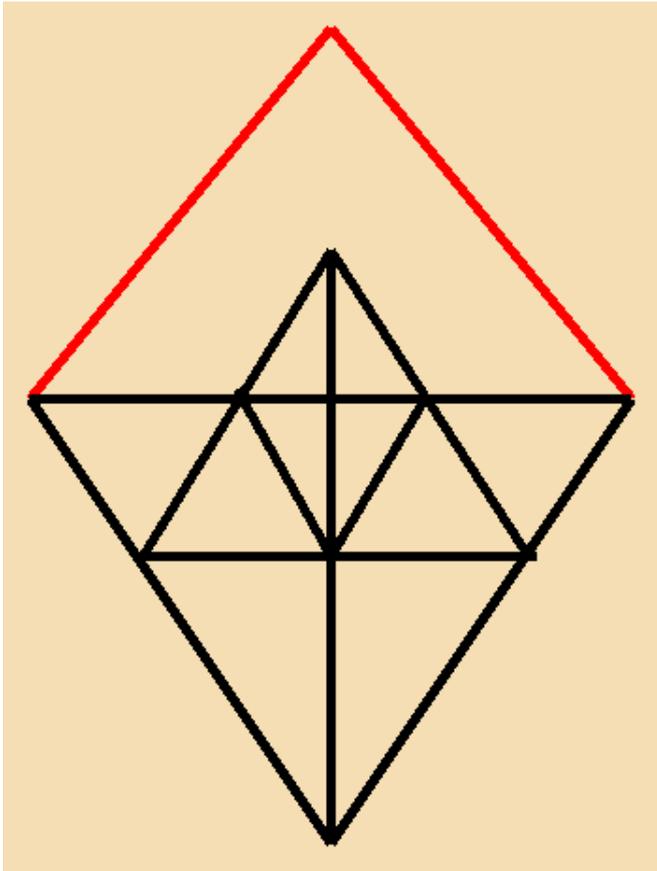
- The Trinity, there, entire complete.
- Encompassing all that is in heaven and earth.
- Joining all that is visible and invisible;
- Joining all that is created and uncreated;
- Joining past, present and future;
- In an endless procession of love.

The Son



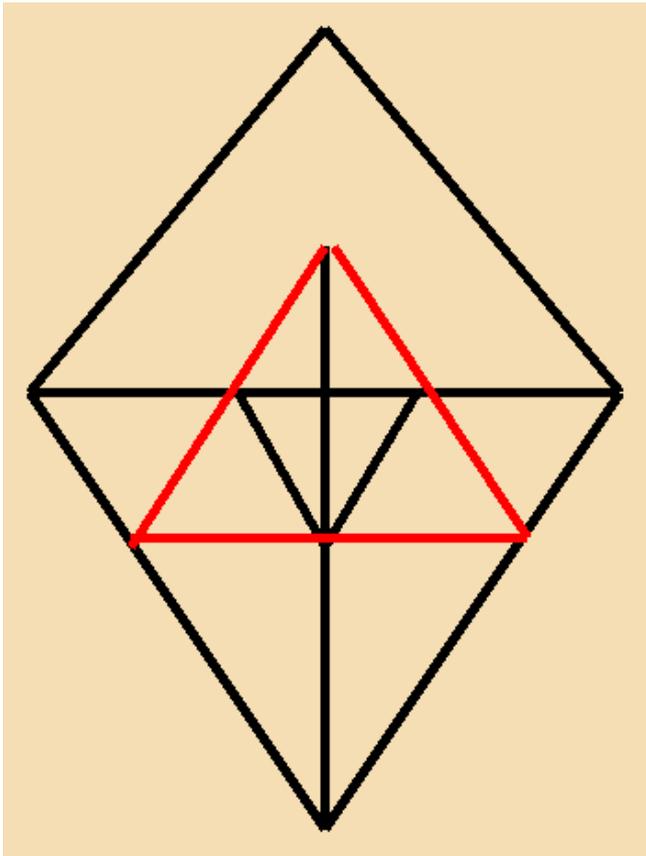
- At the centre is the Son.
- Crucified, once and for all, a perfect sacrifice.
- The arms outspread reach the widest bounds of God and Man.
- The cross reaches down through all people;
- Its base set in the earth;
- Its top stretching up into the very heart of God.
- All are one in Christ the Son.

The Father



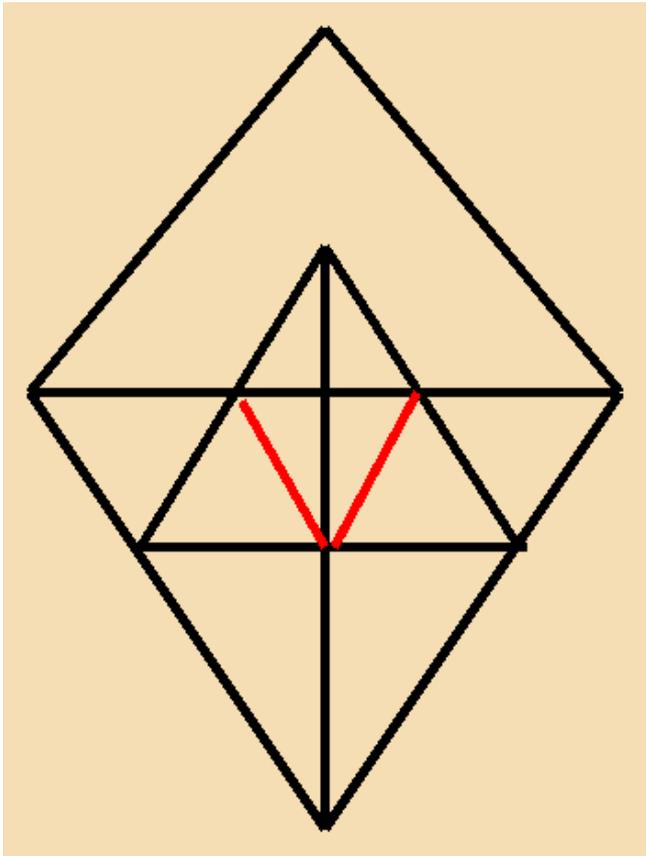
- His arms reach out to support the sacrificed Son, to bear Him up, and in so doing, sustain the world.
- To the love of the Father, there is no limit, nothing can be beyond His spreading arms.
- Though we see the Son we see the Father;
- Above, behind, within all things.

The Spirit



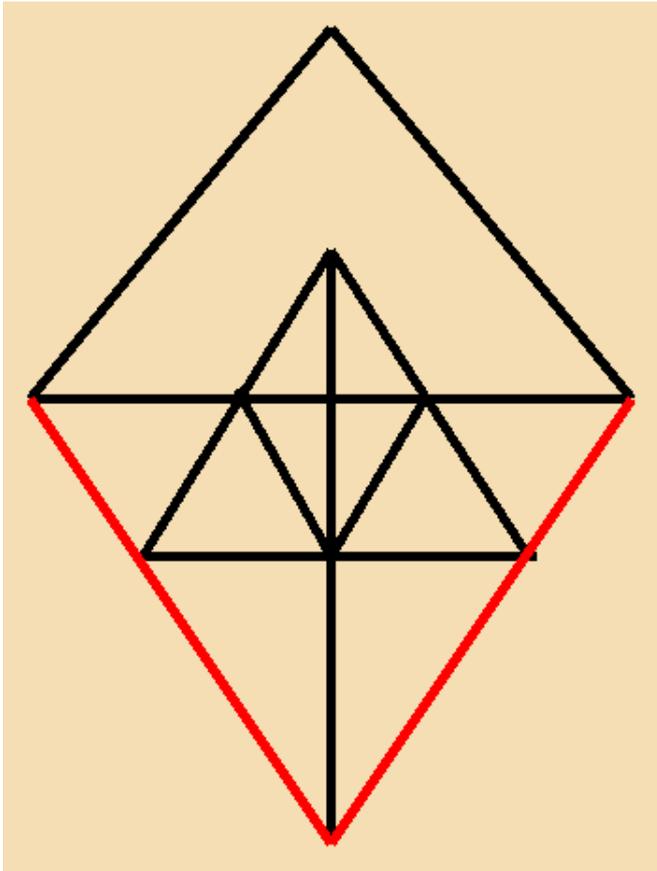
- Proceeding from the Father and the Son, the Spirit is God sent out into the world, joining God with His people.
- The heart is the cross of the Son, the arms are the arms of the Father.
- At the centre of all things is the Spirit.
- God with us;
- Bringing God to to the people;
- Bringing the people to God.

We Ourselves



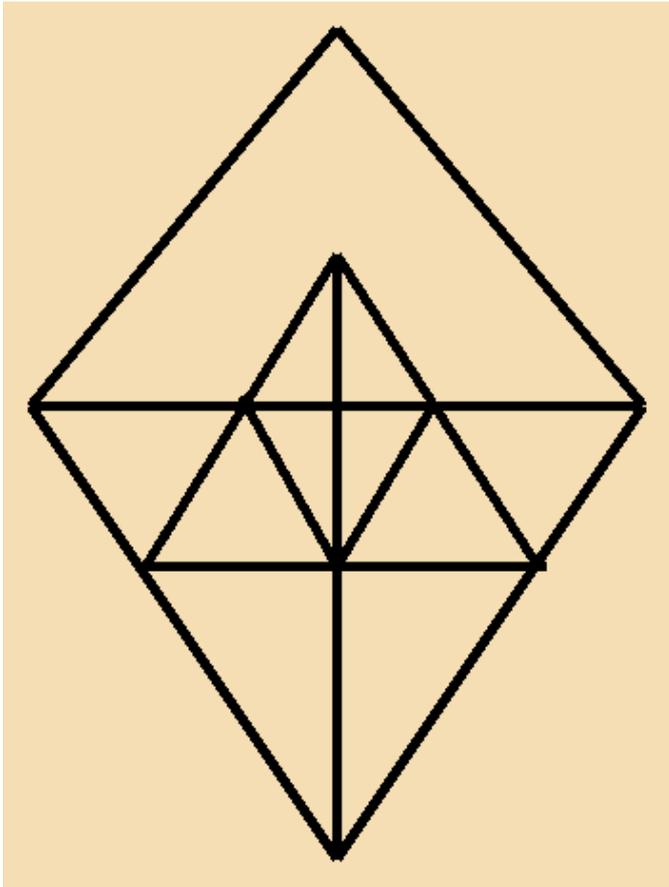
- We are in the Spirit; in the Spirit we cling to the cross.
- Clinging to the cross, we are raised with the Son, to the Father.
- But our arms are not wide; only in the Spirit can we find the Son;
- And only through the Son can we find the Father.
- And we are not deep; only through the Spirit can we be part of the body of the Son;
- Part of the people of God

The People



- Directed by the Spirit, the people spread their arms to embrace the Son, and so join hands with the Father.
- Each individual is borne towards God by the yearning of the people.
- My arms are short, only the whole people can embrace His richness.
- Praise to the diversity of the people;
- The repentant heart, the understanding mind, the seeing soul.
- Praise the unity of the people;
- Made one by the unconditional love of God.

The Trinity



- And so praise to the Trinity, the three in one;
- The Father, the Son and the Spirit.
- And praise to the the people of God, who are the body of the Son, and of which we are a part.
- Praise the diversity, that can encompass all things, and yet be one.
- Praise the unending procession of love that through each joins all.